WW Workshop in the Workplace Set-Up Process



1.	As a WorkWell NYC Ambassador, you will need to complete the checklist below:
	Reach out to Kathleen Skirvin (Kathleen Skirvin@ww.com) to express interest in starting a

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Workshop.
Promote the idea of WW Workshops at your location by utilizing marketing materials
provided by Kathleen.

- Gather a list of at least **15 employees'** names and emails who would like to attend the WW Workshop and identify **3 days and times** of the week when the Workshop could occur based on employee's preferences and meeting room availability. Share list of names and preferred times with Kathleen.
- Once the day and time of the Workshop is established with Kathleen, **book a consistent meeting room** during the selected day and time.
- 2. Kathleen will secure a WW Coach to lead the Workshop, schedule an Information Session for employees at the worksite, and provide you with materials to help spread the word.
 Note: WW Coach availability is limited, and it may take up to a month to find a Coach for the Workshop.
- **3.** The **WW Coach** will conduct an onsite Information Session to provide an overview of the WW Workshop experience and to help employees sign-up.
- 4. Once 15+ employees have registered for the Unlimited Workshops + Digital plan through <u>WW.com/us/NYC</u>, Kathleen will notify you and the Workshop can begin. <u>Note</u>: once the Workshops are established, they remain at the same day and time each week.
- **5.** You will receive flyers and email templates from Kathleen to distribute to all employees at the worksite to promote the first WW Workshop.

Note: 12 weeks of WW Workshops are guaranteed. 8+ employees are required to attend on average to maintain the Workshop after 12 weeks.

Workshop Roles and Responsibilities

WW Engagement Specialist - Kathleen Skirvin: Coordinates Workshop set-up. **WorkWell NYC Ambassador:** Reserves rooms, recruits members, and disseminates promotional materials to employees at the workplace. **WW Coach:** Leads the weekly Workshop.



