

# Julydration Station



**Join the Julydration water challenge and stay hydrated!**

**Join  
WorkWell NYC & DCAS  
1 Centre St.  
July 15, 11:30 AM to 2PM**

**Fruit-infused water, recipes, fun tips, and more!**

**Bring your ticket and your work ID to get your water bottle, while supplies last.**

**Don't wait to hydrate!**

**Register to attend:  
[on.nyc.gov/julydrationirl](https://on.nyc.gov/julydrationirl)**



[nyc.gov/workwellnyc](https://nyc.gov/workwellnyc)

**WorkWell NYC**  
Healthy Workforce. Healthy City.