



Weight Loss that Works.
Wellness that Works.



Together with the NYC Employee Benefits Program and the City’s unions, WorkWell NYC has partnered with WeightWatchers to provide City employees and their families with tools to lose weight, eat healthier, move more, develop a more positive mindset, or all of the above—by offering discounted pricing on the WW offerings listed below.

DIGITAL* A self-guided experience	UNLIMITED WORKSHOPS + DIGITAL** Face-to-face accountability
<ul style="list-style-type: none"> ✓ Easily follow the plan step-by-step entirely online with digital and mobile tools. ✓ Food, activity, sleep and water trackers, recipe building tools, restaurant guides and much more. ✓ Connect with our online community, day or night, for inspiration and motivation. ✓ 24/7 Expert Chat and 5-minute coaching when you need support to stay on track. 	<ul style="list-style-type: none"> ✓ Enjoy convenient workshops virtually, or unlimited in your community. You also have access to exclusive virtual workshops for City employees only. ✓ Receive guidance & motivation from a WW Coach who has been in your shoes and has lost weight on WW. ✓ Gain access to tools and strategies from people facing the same challenges, and encouragement to keep going. ✓ Plus all the tools in the Digital plan!
Employee Cost: \$7.00 per month	Employee Cost: \$14.00 per month
Spouse, Dependent, Retiree Cost: \$14.00 per month	Spouse, Dependent, Retiree Cost: \$28.00 per month

Sign up or learn more at [WW.com/us/NYC](https://www.com/us/NYC)

If you experience any problems with this site, please call the WW Service Center at **866-797-2836**.

NYC and its unions cover 50% of the cost for benefits-eligible employees. The dollar value of this subsidy will be included as taxable income to the employee.

*Digital subscription: Employees Pay \$7.00 today for your first month. Plan automatically renews monthly thereafter at \$7.00 until you cancel. Spouses/Dependents/Retirees: Pay \$14.00 today for your first month. Plan automatically renews monthly thereafter at \$14.00 until you cancel.
 **Unlimited Workshops + Digital subscription: Pay \$14.00 today for your first month. Plan automatically renews monthly thereafter at \$14.00 until you cancel. Spouses/Dependents/Retirees: Pay \$28.00 today for your first month. Plan automatically renews monthly thereafter at \$28.00 until you cancel. Sold in participating areas only; may not be accepted for local workshops and/or Workshops in the workplace in all areas.
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